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Synopsis:

The events described in the novel, is no accident. The story covers more than one hundred years. If we would like to get to know who this lady really is, we should begin with her grandmother, lifting the veil of an era...

The novel is called "Love A-la Carte" – A Sensual Romance. This is a book about love, which not only inspires, but it hurts, betrays and destroys.

The main character, a young lady named Elena Davydova, resides in the city of Vilnius. It was a difficult path from her home in the Soviet Union. Elena was a modern independent lady. What was to become of her destiny? How would the family secrets, dramas, the constant ebb and flow, the ups and downs affect her life?

Elena was a teacher, teaching the world how to make healthy choices. She also studied all aspects of life itself. Elena Davydova unexpectedly begins an affair with the school physical education teacher and this eventually leads to marriage. There is a strong physical attraction between them, but despite this, the relationships within the family unit and with her husband are put under immense strain. The sexual chemistry between them was not enough to hold the marriage together. Further problems accompany the character throughout the book. A terminally ill mother, her body ravaged with cancer. The divorce from her husband throws her into the arms of other men. A change within the Soviet Union political system breaks the habitual way of life for her. With all her will, she strives to be a better, more successful person. Elena takes a different path. She begins to lead a healthy lifestyle, she engages herself in art and politics, but sadly she is still a victim of merciless circumstances. Elena is a truly beautiful person, both physically & mentally, but she is being used by her ex-husband, a Government Minister, an artist and a businessman. Her mother is now exhausted by her illness. Elena tries to help her to die with dignity.

The catalyst comes when a relationship with a millionaire, a former resident in the United States come to a complete standstill. Future plans are crumbling. But the Age of Aquarius is full of unexpected twists & this has an immediate effect on Elena. She makes a decision after learning new experiences and a new found knowledge. This also leads to repentance, a cleansing of the mind, body and soul. Friendship, love & eventually marriage on the internet, it seems, would be Elena's saving grace. A rather sober calculation and a virtual love triumph! A typical woman from Eastern Europe, with entry into the 21st century she becomes a real English lady: cold, practical and refined. And to show exactly how all this transpired, the author describes the events of a hundred years ago, the events of the ancestors of the protagonist...



Sample: Andrew Butkus turned up out of the blue. Dressed in an expensive dark wool jacket with flashing tie and cravat he looked smart and business-like. It was already late and the last clients left almost an hour ago. Lena placed herself comfortably at the bar and was doing her shopping list for tomorrow.

'Love A-la Carte: every taste of Eastern European Menu' by Nina Barbora,

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-This is Minister for National Defence disturbing you, she heard.

Lately Lena started to read newspapers attentively so she knew that the Minister is only five years older than she. He was married with two children. His wife was his classmate. Lena also followed TV news related to him personally. "Mr. Butkus is aggressive, educated, independent and unpredictable" – that how newsmen spoke about him. However his colleagues on Conservative Party more and more often called him ungovernable.

The new comer covered the microphone of his mobile with his palm hand, sparking with his posh cufflinks, and bravely looked straight in Lena's eyes. With his pointing finger of his another hand he adjusted his golden framed glasses a little bit and asked with a singsong voice:

- What with a charming Foxy will feed me?

"With leftovers"- Lena had little time to think but she understood that he looked straight into her heart. The minister shut his phone, suddenly jumped over the bar and squeezed Lena in his arms.

Is it you, my gorgeous Persian lady? I was desperate to see you. Where have you been all this time? – They spun in a waltz and found themselves in the middle of the room.

Feeling his hot kisses on her neck, she laughed trying to push him away. The Minister opened an attack, almost torpedoing her lips with kisses. But he finally managed to catch her tongue with his and them tongues started to move as if they also were a couple in waltzing.

 What a cool fish,- said Lena with a light polish accent as she managed to free her lips for a moment.- You're a wild, you only care for one thing!

Meanwhile Andrew was whispering even hotter:

- Will you travel to Africa with me? Say you will!
- You want to home a kitten for a couple of days,-substituting her lips for another firing attack of the minister's kisses, Lena lifted her beautifully arched eyebrow in question. And what poor kitten will do after that? I have no skills of dividing myself in parts. You know, I'll bog down with you I'm afraid...

